

# Alcohol Addiction



Alcohol use disorder is when people continue to drink despite it having negative consequences, resulting in emotional distress and/or physical harm.

## WHEN IS ALCOHOL PARTICULARLY HARMFUL?

- Drinking until you are impaired
- While on medications
- When pregnant
- Underage drinking

## WHY IS ALCOHOL BAD FOR YOUR PHYSICAL AND EMOTIONAL WELLBEING?

- Poor decision making
- Legal consequences (e.g. D.U.I.)
- Worsens mental health conditions
- Can cause liver damage, heart issues, and cancers

## CAN ALCOHOL USE DISORDER BE TREATED? YES!

Addiction can be treated through a combination of therapy, medication & support systems.

If you or someone you know is struggling, please reach out to your primary care provider or contact **ACCESS at 1-844-55ACCESS**

