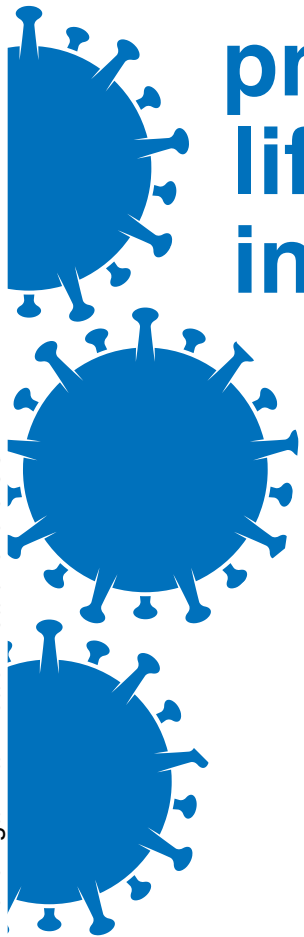


FIGHT PNEUMONIA

Pneumococcal pneumonia is a life threatening infection of the lungs that is a leading cause of death around the world.



2020 Aga Khan Health Board for the USA

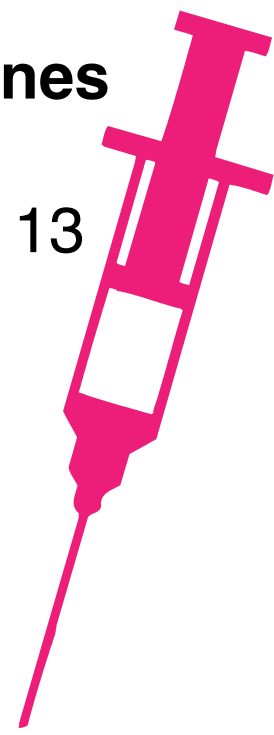
How Can You Get It?

- Pneumococcal pneumonia spreads from one person to another person by **coughing, sneezing or close contact.**
- Pneumococcal pneumonia can also be a complication from a virus such as the Flu or COVID-19.



How Can I Protect Myself?

- The most important way to protect yourself from pneumococcal pneumonia is with a vaccine.
- There are **two vaccines** for pneumococcal pneumonia: Prevnar 13 and Pneumovax 23.
- Talk to your doctor about which vaccine is right for you and when you should get it.



You should also protect yourself from pneumococcal pneumonia and COVID-19 by:

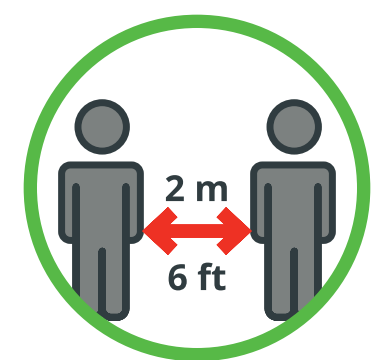
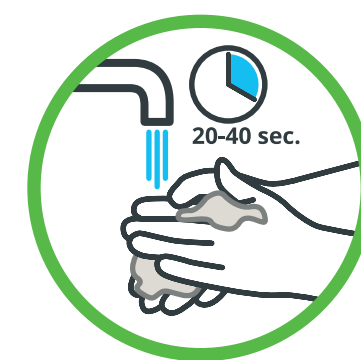
How Can It Affect My Life?

Having pneumococcal pneumonia can lead to **missed days at work, long hospital admissions,** infection of the blood, and respiratory failure.



Who is at Risk?

- **Adults over the age of 65**
- People with chronic diseases such as diabetes, heart disease, asthma, diseases of the lung and people with weakened immune systems
- Children younger than age 2



TALK TO YOUR DOCTOR ABOUT THE PNEUMOCOCCAL VACCINE