

**Well Child Visits:** occur annually. If you are worried about your child's health, don't wait until the next scheduled visit – call the doctor or nurse right away.

### Measurements

- **Weight and height:** At every well child visit
- **Body Mass Index (BMI):** At every well child visit starting at 2 years

**Blood Pressure:** Annually starting at 3 years

**Vision and hearing screens:** Annually starting at 3 years

**Developmental surveillance:** At every well child visit

**Anemia screening:** If risk factors present (excessive cow's milk intake, picky eaters, vegan or vegetarian diet).

**Cholesterol screening:** once in childhood, plus additional follow up if abnormal results.

**Tuberculosis screening:** If risk factors present (recent immigration from or travel outside the US or close contact with someone recently immigrated, children infected with HIV).

**Nutrition counseling:** At every well child visit

**Overweight screening and counseling:** Should be done annually starting at age 2 and BMI greater than 85% for age and gender.

**Oral health:** Routine dental visits every 6 months

**Tobacco exposure screening:** Screening for exposure of children to tobacco smoke at every well visit.

**Social and safety screenings:** At every well child visit

**Immunizations:** Children should receive all immunizations according to the CDC schedule and parents are advised not to delay or withhold vaccinations unless medically indicated.