

Diabetes screening: Screening for all adults. South Asians should be tested when BMI is above 23.

Blood pressure screening in adults: Get blood pressure readings outside of the doctor's office before starting treatment.

Cholesterol abnormalities screening: At least every 3 years if normal and every year for those who have diabetes or heart disease.

Obesity screening and counseling: All adults and children: Obesity is diagnosed at a body mass index of 30 or higher

Tobacco use counseling and interventions: All adults should be asked about tobacco use, advised to stop using tobacco, and provide behavioral interventions and medications as needed

Breast cancer screening: Screening with mammography for women, with or without clinical breast examination, every 1 to 2 years for women age 45 years and older.

Colorectal cancer screening: Screening for colorectal cancer using preferably colonoscopy in adults beginning at age 50 years and continuing until age 75 years.

Lung cancer screening: Yearly screening for lung cancer with CT scan in adults ages 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years.

Abdominal aortic aneurysm screening: men: One-time screening by ultrasound in men ages 65-75 years who have ever smoked.

Falls prevention in older adults: Exercise or physical therapy is recommended to prevent falls. Those at increased risk for falls and recommend Vit D supplementation.

Osteoporosis screening: women: Screening for osteoporosis in women over 65yrs or younger if they have a family history or other risk factors

Depression screening: Adults should be screened for depression.

Alcohol misuse screening: Adults should be screened for alcohol misuse.

Immunizations: All adults receive tetanus every 10 years, flu shot every year, pneumonia vaccine once after age 65years and shingles vaccine after age 60yrs